

# Contents.



Introduction . . . . .	1
Part I. The Toilet . . . . .	6
Chapter I. Preservation of the Hair . . . . .	7
Modes of beautifying the Hair . . . . .	8
The Use of an Egg-yolk to de-grease the Hair . . . . .	12
The Removal of Superfluous Hair . . . . .	12
Oriental Rusma . . . . .	13
Parisian Depilatory Cream . . . . .	13
Laforest's Depilatory Preparation . . . . .	14
Additional Remarks . . . . .	14
To make the Hair grow, and prevent its falling out . . . . .	14
Oil for making the Hair grow . . . . .	15
Greying Hair . . . . .	16
Diversion 1 . . . . .	17
Curling-irons vs. Curl-papers . . . . .	17
Diversion 2 . . . . .	17
The Best French Receipts . . . . .	17
Parisian Pomatum . . . . .	18
English Pomatum . . . . .	18
Italian Pomatum . . . . .	18
Palm Pomatum . . . . .	19
Rowland's Hair-oil . . . . .	19
Fragrant Hair-oil . . . . .	19
Russian Hair-oil . . . . .	19
Antique Oils . . . . .	20
Antique Oil <i>au Musc</i> . . . . .	20
Antique Oil <i>à l'Orange</i> . . . . .	20
Antique Oil <i>à la Rose</i> . . . . .	20
Antique Oil <i>à la Tubéreuse</i> . . . . .	21
Antique Oil <i>Verte</i> . . . . .	21
Macassar Oil . . . . .	21
Curling Fluid . . . . .	21



## Contents.

Diversion 3 . . . . .	22
Arguments against washing the Hair . . . . .	22
Arguments in favour of washing the Hair . . . . .	22
Diversion 4 . . . . .	23
Depilatories . . . . .	23
Depilatory of Ants' Eggs . . . . .	23
Plucking and Shaving . . . . .	23
Diversion 5 . . . . .	24
Receipts for Dyes . . . . .	24
Composition for staining the Hair Black . . . . .	25
Tinctures for staining the Hair Black . . . . .	25
To stain Light Hair a Chestnut-colour . . . . .	25
To dye the Hair Flaxen . . . . .	26
Chapter II. Preservation of the Teeth . . . . .	27
The Formation of Tartar on the Teeth . . . . .	27
Tooth-brushes from Marsh-mallow or Horse-radish Roots . . . . .	29
Dentifrice Powder of M. Cadet de Gassicourt . . . . .	29
Another Powder for preserving the Teeth . . . . .	30
Soap Solutions to whiten and preserve the Teeth . . . . .	30
Preparation to strengthen the Teeth or check Caries . . . . .	30
Guaiac Brandy, to preserve the Teeth and Gums . . . . .	30
Dental Elixer . . . . .	31
Water to strengthen the Gums, especially when they are disposed to Scurvy . . . . .	31
The Best Mode of cleansing the Teeth . . . . .	31
Additional Means of preserving the Teeth . . . . .	33
Diversion 1 . . . . .	35
Note . . . . .	35
Diversion 2 . . . . .	35
Measuring-glasses . . . . .	35
Diversion 3 . . . . .	35
Decayed Teeth . . . . .	35
Lotion for the Tooth-ache . . . . .	36
Mucilage for the Tooth-ache . . . . .	37
Liniment for the Tooth-ache . . . . .	37
Diversion 4 . . . . .	37
False Teeth . . . . .	37



# Contents.

Chapter III. Preservation of the Complexion and the Skin . . . . .	38
Diversion 1 . . . . .	42
Bathing . . . . .	42
Chapter IV. Concerning Cosmetics . . . . .	45
True Vegetable Rouge, or Rose in a Cup . . . . .	47
Cream Pomatum for the Complexion . . . . .	47
Pomatum for the Lips . . . . .	47
Angel-water to firm and refresh the Skin . . . . .	47
Rose Milk for preserving the Complexion . . . . .	47
Simple Almond-milk to make the Skin Fresh . . . . .	47
Lily-water for the Complexion . . . . .	48
Cucumber Pomatum . . . . .	48
Preparation of Dr. Withering, to dispel Eruptions of the Skin . . . . .	48
Cosmetic Infusion of the Same Kind for the Skin . . . . .	48
Strawberry Water to soften and whiten the Skin . . . . .	49
Veal Broth to calm Reddened Skin . . . . .	49
Oil of Bitter Almonds, to cure Sun-burn and Freckles . . . . .	49
Athenian Water to efface Wrinkles . . . . .	49
Economical Paste to whiten the Hands . . . . .	49
Almond Paste with Brandy . . . . .	50
Almond Paste with Egg-yolks . . . . .	50
Almond Paste with Honey . . . . .	50
Toilet-soap, called Lady Derby's Soap . . . . .	50
Soap with Honey, to whiten the Skin and dispel Sun-burn Marks . . . . .	50
Emollient Preparation for the Bath . . . . .	50
Diversion 1 . . . . .	51
The Use of Paints . . . . .	51
Carmine . . . . .	52
Portuguese Rouge . . . . .	53
Spanish Wool . . . . .	53
Spanish Papers . . . . .	53
Chinese Boxes of Colours . . . . .	53
White Paints . . . . .	54
Talc White . . . . .	55
Diversion 2 . . . . .	55
Receipts for Perfumed Soaps . . . . .	55



## Contents.

Seraglio Soap . . . . .	55
Musk Soap . . . . .	56
Diversion 3 . . . . .	56
Bath of Modesty . . . . .	56
Chapter V. Remedies for the Little Faults which are injurious to Beauty . . . . . 57	
Remedies for Pimples . . . . .	57
Round Pimples . . . . .	57
Flat Pimples . . . . .	58
Quick, or Living Pimples. . . . .	58
Composite Pimples . . . . .	59
Black Points . . . . .	59
Remedy for Mealy Skin . . . . .	60
Remedies for Chaps . . . . .	60
Remedy for Ruddiness . . . . .	60
Modes of getting rid of Freckles . . . . .	61
Remedy for Tanning . . . . .	61
Remedy for Scurf Patches . . . . .	61
Remedy for Wrinkles . . . . .	62
Remedy for Mosquito-bites . . . . .	62
Remedy for Imperfections of the Eyebrows . . . . .	62
Modes of calming Redness and Inflammation of the Eyelids . . .	63
Remedy for Little Foreign Bodies which get into the Eyes . . . .	63
Weakening of the Sight . . . . .	63
Falling out of the Eyelashes . . . . .	64
Their Waxy Matter. . . . .	65
The Droplets of White Matter which often appear in the Corner of the Eye . . . . .	65
Remedies for Defects of the Ears . . . . .	65
Remedy for Thickening of the Neck . . . . .	66
Remedy for a Ropy Neck . . . . .	66
The Mode of removing Pellicles and Scales from the Fingers . .	67
The Mode of curing Hang-nails . . . . .	67
The Mode of ridding the Nails of the Skin which sometimes covers them . . . . .	68
Remedy for Warts . . . . .	68
Corn Plaster of M. Laforest, Foot Surgeon . . . . .	68
Another Mode by Potash . . . . .	69



## Contents.

Another Mode by Pumice-stone . . . . .	69
Another Mode of curing Corns, with Ivy. . . . .	69
Another Cure, by means of Starched Muslin . . . . .	69
Another Corn Plaster . . . . .	69
Remedy for Pain caused by Uncomfortable Shoes, or the Fatigue of the Dance . . . . .	70
The Mode of dissipating the Coagulated Blood which collects under the Nails, following a Blow . . . . .	70
Remedy for Broken or Very Weak Nails, especially those of the Feet . . . . .	70
Regime to counter Leanness . . . . .	70
Regime to counter Excess Embonpoint . . . . .	71
Diversion 1 . . . . .	72
Small-pox and Vaccination . . . . .	72
Diversion 2 . . . . .	72
Note . . . . .	72
Diversion 3 . . . . .	72
To blacken the Eyelashes and Eyebrows . . . . .	72
Wash for blackening the Eyebrows . . . . .	72
Black for the Eyebrows . . . . .	73
Diversion 4 . . . . .	73
To calm Needle Pricks . . . . .	73
Diversion 5 . . . . .	73
Remedies for Corpulence . . . . .	73
Contour of the Breasts . . . . .	74
Dr. Ure's Ointment for the Breasts . . . . .	74
Chapter VI. Perfumes . . . . .	75
The Mode of making Cologne Water . . . . .	76
Another Mode . . . . .	77
A Simple and Easy Way of perfuming Linens and Other Clothing . . . . .	77
Fragrant Bags to perfume the Linen in Armoires and Ornaments in Boxes . . . . .	78
Bags with Herbs <i>de Montpellier</i> . . . . .	78
Bags with Powdered Scent . . . . .	78
Fragrant Pastilles to burn . . . . .	78
Flasks for the Mantel-piece . . . . .	79
Pocket Flasks . . . . .	79

## Contents.

To perfume Handkerchiefs . . . . .	79
To perfume Baths, General and Partial. . . . .	79
Diversion 1 . . . . .	79
Note . . . . .	79
Diversion 2 . . . . .	79
Perfume for Gloves. . . . .	79
Another Mode . . . . .	80
Diversion 3 . . . . .	80
Hungary Water. . . . .	80
Luce Water . . . . .	80
Imperial Water. . . . .	80
Lavender-water. . . . .	80
 Chapter VII. Hygienic Habits. . . . .	 81
Diversion 1 . . . . .	86
Clothing in regard to Health . . . . .	86
To render Cloth Water-proof according to the Manner of the Chinese . . . . .	87
Pliable Varnish for Umbrellas . . . . .	88
Diversion 2 . . . . .	88
Stays . . . . .	88
Diversion 3 . . . . .	90
Padding, Bandaging, &c. to improve the Shape . . . . .	90
Diversion 4 . . . . .	91
Advice to Married Ladies . . . . .	91
 Chapter VIII. The Art of arranging the Hair, lacing the Stays, Dressing, &c. . . . .	 92
Practical Directions for Hair-dressing . . . . .	92
<i>Coiffure à Chou</i> . . . . .	95
<i>Coiffure à Cache-peigne</i> . . . . .	95
<i>Coiffure à Chinoise</i> . . . . .	95
<i>Coiffure en Couronne</i> . . . . .	95
<i>Coiffure en Chignon</i> . . . . .	95
<i>Coiffure à la Ninon</i> . . . . .	96
<i>Coiffure à la Nœuds d'Apollon</i> . . . . .	96
Concerning the Stays . . . . .	99
To put on your Gown . . . . .	100
The Choice and Care of the Foot-wear . . . . .	102



# Contents.

Diversion 1 . . . . .	104
The Dressing-room . . . . .	104
Diversion 2 . . . . .	104
Divers Operations of Hair-dressing . . . . .	104
Diversion 3 . . . . .	106
Fashions in Hair-dressing . . . . .	106
May 1824 . . . . .	106
July 1824 . . . . .	106
November 1824 . . . . .	106
January 1827 . . . . .	107
September 1827 . . . . .	107
October 1827 . . . . .	107
November 1827 . . . . .	107
January 1829 . . . . .	107
February 1829 . . . . .	108
September 1829 . . . . .	108
October 1829 . . . . .	109
November 1829 . . . . .	109
Diversion 4 . . . . .	109
To unlace your Stays . . . . .	109
Diversion 5 . . . . .	110
Ill-fitting Shoes . . . . .	110
Diversion 6 . . . . .	110
To make Gaiters . . . . .	110
Chapter IX. Of the Order and Cleanliness which must preside over the Concerns of the Toilet . . . . .	113
To cleanse the Toilet Articles . . . . .	113
Directions for the Garments which you are putting on or taking off . . . . .	115
To tidy and put away Each Kind of Linen, Garment, and Ornament . . . . .	120
To preserve Furs . . . . .	126
Diversion 1 . . . . .	127
The Lady's Maid . . . . .	127
Diversion 2 . . . . .	129
To store Pomatum . . . . .	129
Diversion 3 . . . . .	129
To store Clothing . . . . .	129



## Contents.

Diversion 4 . . . . .	130
To increase the Value of Furs Tenfold, and beautify the Hair of Animals . . . . .	130
Chapter X. The Art of Laundering and Scouring . . . . .	131
The sorting of Linens . . . . .	131
The rinsing out of Linens . . . . .	132
To attach Pairs of Stockings, &c. . . . .	132
Directions for the Wash-liquor . . . . .	133
The Art of making your own Soap by the American Mode . . .	137
A New Way to apply Wash-liquor, after the Preceding Mode . .	138
The Experiment of washing with Steam . . . . .	139
The Experiment of washing with Potatoes . . . . .	140
The Mode of washing with Rice . . . . .	142
The Mode of washing with Soapwort . . . . .	142
The Best Mode of Soaping . . . . .	143
The Best Mode of Blueing . . . . .	144
To compose Chemic or Liquid Blue . . . . .	144
The Mode of M. Estève of Flushing for making Balls of Celestial Blue, called English Blue . . . . .	145
The Mode of Mr. William Story for the Same Composition . . .	145
To make ironing Linens easier, with a Handsome Result . . . . .	145
Preparation for restoring Scorched or Almost Burned Linen . . . . .	146
To wash Calico or Gingham Gowns to look like new . . . . .	146
To wash Nankeen when it is Soiled, so that it does not lose its Colour . . . . .	147
To wash Unbleached Materials . . . . .	147
To soap White Silks, Gauzes, Silk Tulle, Ribands, &c. . . . .	147
Suphuring . . . . .	148
The Mode of cleansing Black Silk Materials . . . . .	148
The Mode of cleansing Silks dyed Other than Black . . . . .	149
Modes of reviving Colours . . . . .	149
The Way to partially replace the Glaze of Materials spotted by Water . . . . .	151
The Mode of raising the Nap of Velvets . . . . .	151
To wash Woollen Materials or Merino Shawls . . . . .	151
To wash Lace, and Linen or Cotton Tullies, to look like new . .	152
Finishing . . . . .	153
The Mode of preparing Fish-glue . . . . .	153





## Contents.

To have Fish-glue ready to use at Any Time . . . . .	154
To wash Black Lace Veils and Black Blonds . . . . .	154
The Mode of cleansing Gold and Silver Lace . . . . .	154
The Mode of cleansing Embroidery in general . . . . .	154
The Mode of cleansing Silk Stockings . . . . .	155
To cleanse Ribands . . . . .	155
To whiten Unbleached Toiles . . . . .	155
To size Toiles . . . . .	157
To determine the Manner in which Toiles have been whitened . . . . .	157
To scour with Sand and Bullock's Gall . . . . .	158
The Mode of purifying Bullock's Gall . . . . .	158
The Mode of scouring Woollens . . . . .	159
To cleanse Garments of Blue, Black, or Dark Brown Drap . . .	159
The Art of removing Spots . . . . .	160
Spots from Simple Grease, Tallow, Broth, &c. . . . .	160
To easily prepare Essence of Soap . . . . .	161
To remove Grease-spots from All Kinds of Materials without wetting . . . . .	162
Grease-spots . . . . .	162
Spots from Grease contained in Dirty Oil, Sauces, Oil-paints, Ointments, &c. . . . .	163
Ink, Mud, Rust, and Dirty Oil Spots . . . . .	163
The Mode of M. Rue, to remove Ink, Rust, and Other Spots . .	164
Vegetable Spots . . . . .	165
Soap for removing Spots . . . . .	165
Water for removing Spots . . . . .	166
Spots which alter or destroy the Colour . . . . .	166
To repair Spots which have altered or destroyed the Colour . .	167
Diversion 1 . . . . .	168
The Washhouse . . . . .	168
The Laundry-maid . . . . .	170
Diversion 2 . . . . .	170
The Mode of marking Linens . . . . .	170
To obtain a Black Liquor for marking Linens in a Strong and Lasting Manner . . . . .	170
Preparation of the Mordant . . . . .	171
Preparation of the Ink . . . . .	171
Application of this Ink for printing <i>Toile d'Orange</i> and Other Materials . . . . .	171



## Contents.

Diversion 3 . . . . .	172
Contagion . . . . .	172
Diversion 4 . . . . .	172
The Wash-water . . . . .	172
Diversion 5 . . . . .	172
The Choice of Soap . . . . .	172
Diversion 6 . . . . .	172
Note . . . . .	172
Diversion 7 . . . . .	172
Utensils for the Art of Dyeing . . . . .	172
Diversion 8 . . . . .	174
Ironing . . . . .	174
Diversion 9 . . . . .	174
To make Starch . . . . .	174
To make Starch from Horse Chestnuts . . . . .	174
The Best Mode of making and using Starch . . . . .	175
Diversion 10 . . . . .	175
To wash Fine Muslins . . . . .	175
To rinse Muslins before you starch them . . . . .	176
To starch Fine Muslins . . . . .	176
To clap Muslins before they are ironed . . . . .	176
The Proper Mode of ironing Muslins . . . . .	177
To starch Lawns . . . . .	177
Diversion 11 . . . . .	177
The Mode of cleansing White Satins . . . . .	177
Diversion 12 . . . . .	178
To wash Black Silks . . . . .	178
Diversion 13 . . . . .	178
To cleanse Silks of All Kinds . . . . .	178
Diversion 14 . . . . .	178
To keep Silks from staining in washing . . . . .	178
Diversion 15 . . . . .	178
To wash Lace . . . . .	178
Diversion 16 . . . . .	179
To cleanse Gold and Silver Lace, Stuffs, &c. . . . .	179
To cleanse Gold and Silver Lace . . . . .	179
To cleanse Gold Lace . . . . .	179
Diversion 17 . . . . .	179
To wash Gold or Silver Work on Linen, or Any Other Stuff, to look like new. . . . .	179



# Contents.

Diversion 18 . . . . .	180
To wash Thread and Cotton Stockings . . . . .	180
Diversion 19 . . . . .	180
The Best Mode of whitening Any Kind of Material . . . . .	180
To make Linen White that is turned Yellow . . . . .	180
Diversion 20 . . . . .	180
To prevent Scarlet Cloth from being stained Black . . . . .	180
For cleansing Scarlet Cloth . . . . .	180
Another Mode . . . . .	181
The Mode of dipping Scarlet Cloth . . . . .	182
A Cheaper Mode . . . . .	182
Chapter XI. Of the Choice of Clothing . . . . .	183
Night Clothing . . . . .	183
Morning Clothing . . . . .	185
Clothing for Ordinary Days . . . . .	186
<i>Négligé</i> . . . . .	187
<i>Demi-négligé</i> . . . . .	187
The Manner of dressing for an Ordinary Walk . . . . .	189
The Manner of dressing for a Morning Repast . . . . .	189
The Manner of dressing for an Evening Repast . . . . .	189
For an Assembly Properly Speaking . . . . .	190
The Manner of dressing for a Ball . . . . .	190
The Simple Toilet . . . . .	190
The Demi-toilet . . . . .	191
The Grand Toilet . . . . .	191
Differences in the Toilet between Married Women and Young Ladies . . . . .	193
The Manner of wearing Mourning properly . . . . .	194
Diversion 1 . . . . .	195
The Trade of the Linen-draper . . . . .	195
Calico . . . . .	195
Diversion 2 . . . . .	196
Costumes for Morning Wear . . . . .	196
August 1824 . . . . .	196
June 1829 . . . . .	197
Diversion 3 . . . . .	197
Costumes for Home Wear . . . . .	197
May 1824 . . . . .	198
June 1824 . . . . .	198



## Contents.

July 1824 . . . . .	198
October 1824 . . . . .	198
December 1824 . . . . .	198
March 1827 . . . . .	198
April 1827 . . . . .	199
May 1827 . . . . .	199
June 1827 . . . . .	199
August 1827 . . . . .	199
September 1827 . . . . .	199
December 1827 . . . . .	200
January 1829 . . . . .	200
August 1829 . . . . .	200
October 1829 . . . . .	200
November 1829 . . . . .	200
December 1829 . . . . .	200
Diversion 4 . . . . .	201
Fashions for <i>Négligé</i> . . . . .	201
August 1827 . . . . .	201
October 1827 . . . . .	201
June 1829 . . . . .	202
August 1829 . . . . .	202
December 1829 . . . . .	203
Diversion 5 . . . . .	203
To open a Blocked Flask . . . . .	203
Diversion 6 . . . . .	203
Walking and Carriage Costumes . . . . .	203
February 1824 . . . . .	204
March 1824 . . . . .	204
June 1824 . . . . .	205
July 1824 . . . . .	205
August 1824 . . . . .	206
October 1824 . . . . .	207
December 1824 . . . . .	207
January 1827 . . . . .	208
March 1827 . . . . .	208
April 1827 . . . . .	208
June 1827 . . . . .	208
August 1827 . . . . .	209
September 1827 . . . . .	210



## Contents.

November 1827 . . . . .	210
December 1827 . . . . .	211
January 1829 . . . . .	211
March 1829 . . . . .	211
May 1829 . . . . .	213
June 1829 . . . . .	213
July 1829 . . . . .	213
August 1829 . . . . .	214
September 1829 . . . . .	215
October 1829 . . . . .	215
November 1829 . . . . .	216
December 1829 . . . . .	216
Diversion 7 . . . . .	217
Dinner-party Dress . . . . .	217
September 1827 . . . . .	217
November 1827 . . . . .	217
April 1829 . . . . .	217
Diversion 8 . . . . .	218
Costumes for Assemblies, Concerts, &c. . . . .	218
May 1824 . . . . .	219
January 1827 . . . . .	220
April 1827 . . . . .	220
June 1827 . . . . .	220
January 1829 . . . . .	221
February 1829 . . . . .	221
March 1829 . . . . .	221
April 1829 . . . . .	222
May 1829 . . . . .	223
June 1829 . . . . .	223
July 1829 . . . . .	223
September 1829 . . . . .	224
October 1829 . . . . .	224
November 1829 . . . . .	224
December 1829 . . . . .	224
Diversion 9 . . . . .	226
Costumes for the Ball . . . . .	226
March 1824 . . . . .	226
May 1824 . . . . .	226
September 1824 . . . . .	226



## Contents.

January 1827 . . . . .	226
March 1827 . . . . .	227
April 1827 . . . . .	228
June 1827 . . . . .	228
August 1827 . . . . .	228
November 1827 . . . . .	228
December 1827 . . . . .	229
February 1829 . . . . .	230
March 1829 . . . . .	230
August 1829 . . . . .	230
September 1829 . . . . .	231
November 1829 . . . . .	232
Diversion 10 . . . . .	232
Court Mourning . . . . .	232
December 1824 . . . . .	233
February 1827 . . . . .	233
Diversion 11 . . . . .	235
Note . . . . .	235
Chapter XII. The Conventions of Costumes . . . . .	236
To choose Fashions	
which are neither <i>Recherché</i> nor <i>Passé</i> . . . . .	237
The Style of Gowns and the Choice of Trimmings . . . . .	239
Diversion 1 . . . . .	242
Taste in the Colours of Dress . . . . .	242
The Carnation Complexion . . . . .	243
The Florid Complexion . . . . .	243
The Fair Complexion . . . . .	243
The Pale Complexion . . . . .	244
The Sallow Complexion . . . . .	244
The Brunette Complexion . . . . .	244
Additional Remarks . . . . .	244
The Theory of Colours . . . . .	245
The Change of Colours by Light . . . . .	246
Diversion 2 . . . . .	246
Rivalry in Dress . . . . .	246
Good Housewifery . . . . .	247
Propriety in Dress . . . . .	247
Dress for the Lower Orders . . . . .	249
The Thrifty Cottager . . . . .	250



## Contents.

Negro Women's Clothes, for Plantations in the West Indies, or in America . . . .	251
Diversion 3 . . . . .	251
"Cachemiremania" . . . . .	251
Diversion 4 . . . . .	252
The Lady's Maid as Mantua-maker . . . . .	252
Chapter XIII. The Art of a Fine Carriage and Proper Gestures . . . . .	254
Diversion 1 . . . . .	257
To walk well . . . . .	257
Diversion 2 . . . . .	257
The Courtesy . . . . .	257
Part II. Needle-work . . . . .	260
Chapter XIV. The Art of the Stay-maker . . . . .	261
The Materials for Stays . . . . .	261
The Furnishings for Stays . . . . .	261
Divers Kinds of Stays . . . . .	262
The Parts of Stays . . . . .	262
Stays with One Bosom Gore . . . . .	262
To take the Pattern . . . . .	262
To cut out the Stays . . . . .	264
To baste the Stays . . . . .	265
To try on the Stays . . . . .	266
To make up the Stays . . . . .	266
To finish the Stays . . . . .	270
Stays with Two Bosom Gores . . . . .	271
Kinds of Shoulder-straps which include Gores . . . . .	272
Pieced Stays . . . . .	274
Lined Stays . . . . .	275
Half-stays, or Morning Belts . . . . .	277
Stays with Straps . . . . .	278
Stays <i>à la Paresseuse</i> . . . . .	278
Stays for Pregnant Women . . . . .	279
Elastic Stays . . . . .	280
Stays made to conceal Defects of the Shape . . . . .	281
Diversion 1 . . . . .	282
The Art of making Stays . . . . .	282



## Contents.

Suitable Materials for making Stays . . . . .	282
The Measures for Stays . . . . .	283
To cut out a Pattern . . . . .	284
Different Kinds of Stays . . . . .	286
The Different Parts of Stays in general . . . . .	286
Divers Furnishings, their Choice and Use . . . . .	288
To lace the Stays correctly . . . . .	288
To fit on the Stays . . . . .	289
Seams to work on Stays . . . . .	291
To make the Eyelet-holes . . . . .	292
To completely prepare the Bones and secure them . . . . .	294
The Modesty-piece . . . . .	295
Stays with Single Gores . . . . .	296
Lined Stays . . . . .	296
Stays <i>à la Paresseuse</i> . . . . .	297
Stays with Straps . . . . .	298
Stays for Pregnant Women, called <i>Brassières de Venus</i> . . . . .	298
Half-stays or Morning Belts . . . . .	299
Elastic Stays . . . . .	300
Night Stays or <i>Brassières</i> . . . . .	301
The Mode of concealing Faults in the Shape . . . . .	301
To wash Stays . . . . .	302
To keep your Work clean . . . . .	303
Diversion 2 . . . . .	303
Ladies' Stays . . . . .	303
 Chapter XV. The Art of the Mantua-maker or Cutter of Gowns . . . . .	 305
Common Stitches and Seams. . . . .	305
The Running Stitch . . . . .	305
The Over-cast Stitch . . . . .	307
The Seam <i>à la Reine</i> . . . . .	308
The Lace Seam . . . . .	308
The Side-stitch . . . . .	309
The Mantua-maker's Hem or Seam . . . . .	310
Hemming . . . . .	310
The Back-stitch . . . . .	311
The Herring-bone Stitch . . . . .	313





## Contents.

The Button-hole Stitch . . . . .	313
The Chain-stitch . . . . .	314
General Rules for Gowns . . . . .	314
To cut out the Skirt . . . . .	314
To make up the Skirt . . . . .	315
To make up the Body . . . . .	318
To set on the Skirt . . . . .	319
Of lining a Gown . . . . .	320
Divers Trimmings . . . . .	323
Flounces . . . . .	323
Corded Piping for the Edge of a Flounce, or what you please . . . . .	323
To sew on a Flounce . . . . .	324
Rouleaux . . . . .	326
Folds, or Tucks . . . . .	328
Biases . . . . .	329
Braid and Fringe . . . . .	330
<i>Entre-deux</i> . . . . .	330
To put <i>Entre-deux</i> on Collars . . . . .	333
Draperies . . . . .	333
<i>Agrafes</i> . . . . .	334
Ruches . . . . .	334
Panes . . . . .	336
Diversion 1 . . . . .	336
The Trade of the Mantua-maker . . . . .	336
Diversion 2 . . . . .	337
The Art of Mantua-making . . . . .	337
The Work-room . . . . .	338
Of the Measure . . . . .	338
General Observations . . . . .	339
Of cutting out the Skirt . . . . .	341
Of making up the Skirt . . . . .	344
Of cutting out the Body . . . . .	345
Of making up the Body <i>en Fourreau</i> . . . . .	347
The Best Mode of fitting a Gown . . . . .	349
To make up the Gown . . . . .	349
The Body <i>à la Raphaël</i> . . . . .	351
Long Sleeves . . . . .	351
Short Sleeves . . . . .	354

## Contents.

The Mode of making Separate Draperies . . . . .	354
The Little Accessories of which Trimmings are composed . . . . .	355
The Trimmings which are put on the Hems of Gowns . . . . .	357
The Mode of cutting out a Redingote . . . . .	360
The Mode of cutting out Divers Mantles for Women, called <i>Pelisses à l'Autrichienne</i> . . . . .	361
The Mode of fringing and using Ribands in making Belts . . . . .	362
Some Pretty Collars for <i>Fichus</i> . . . . .	364
Diversions 3 . . . . .	366
Gentlemen's Night-shirts and Ladies' Night Jackets . . . . .	366
Ladies' Shifts . . . . .	369
Diversions 4 . . . . .	369
Marking . . . . .	369
Diversions 5 . . . . .	369
To cut out a Gown . . . . .	369
Diversions 6 . . . . .	371
The Trade of the Tailor . . . . .	371
The Ladies' Riding Habit . . . . .	372
Of the Back . . . . .	374
The Front Piece . . . . .	374
The Sleeve . . . . .	378
Of the Pelisse and Spencer . . . . .	379
Diversions 7 . . . . .	383
A Pattern for the Body of a Gown . . . . .	383
Diversions 8 . . . . .	386
Tambour-work . . . . .	386
Embroidery on Muslin . . . . .	387
Lace-work . . . . .	394
Gold-thread Embroidery . . . . .	395
Divers Embroidery Patterns . . . . .	396
Diversions 9 . . . . .	407
The Lady's Maid as Embroideress . . . . .	407
Chapter XVI. The Art of mending and renewing Garments . . . . .	408
Darning . . . . .	408
Patching . . . . .	408



## Contents.

Over-cast Patching . . . . .	410
To patch with Button-hole or Blanket-stitch . . . . .	410
To mend with Laced Stitches . . . . .	411
To mend <i>à Dentelle</i> . . . . .	413
Invisible Mending . . . . .	413
To make up Gowns	
so that you may easily alter them . . . . .	415
The Mode of turning Kitchen Aprons . . . . .	416
The Mode of turning Merino and Silk Gowns . . . . .	417
To renew Cotton Gowns without dyeing them . . . . .	417
To repair and renew Woollen and Silk Gowns	
when you cannot match the Material . . . . .	420
To renew Faded or Half-worn Calico Gowns . . . . .	421
To discharge the Colours from Faded Calicoes	
and Printed Toiles . . . . .	422
To repair and renew Furs . . . . .	422
To mend Furs . . . . .	422
To change the Style of Furs . . . . .	423
The Modes of renewing Shoes . . . . .	423
To bind Shoes . . . . .	424
To re-cover Shoes . . . . .	425
Diversion 1 . . . . .	426
Kitchen Aprons . . . . .	426
Diversion 2 . . . . .	426
A Carriage Dress consisting of a Petticoat	
and a Canezou-spencer . . . . .	426
Diversion 3 . . . . .	426
A Walking Gown with the Body covered by	
a Canezou-spencer . . . . .	426
Diversion 4 . . . . .	428
Directions for changing the Colours	
of Garments, &c. already dyed . . . . .	428
For a Black Silk Gown . . . . .	429
Diversion 5 . . . . .	430
To make Good Children's Frocks from	
Partly-worn Gowns . . . . .	430
Chapter XVII. The Art of Knitting . . . . .	431
The Mode of knitting Common Stitches . . . . .	431
The Mode of knitting Stockings . . . . .	432

## Contents.

Additional Remarks . . . . .	435
The Mode of knitting Slippers . . . . .	436
The Mode of knitting Gloves . . . . .	438
The Mode of knitting Petticoats . . . . .	439
The Mode of knitting Night Jackets . . . . .	441
Of Open-work Knitting . . . . .	442
Mitts . . . . .	443
Knit Berets . . . . .	444
A Purse knitted like a Pine-apple . . . . .	445
Purses knitted with Designs . . . . .	446
Purses knitted Double . . . . .	447
Purses knitted in Gold and Silk, with Spaces . . . . .	447
Beaded Purses . . . . .	448
To line Bags and Purses . . . . .	450
Purses knitted on a Mould . . . . .	450
The Art of mending Stockings . . . . .	452
To pick up Loose Stitches . . . . .	452
Grafting . . . . .	453
To re-enforce Stockings . . . . .	454
To foot Stockings . . . . .	456
To re-cut Stockings . . . . .	456
Diversion 1 . . . . .	458
Note . . . . .	458
Diversion 2 . . . . .	458
Note . . . . .	458
Diversion 3 . . . . .	458
Knitting for the Lower Orders . . . . .	458
Diversion 4 . . . . .	459
The Trade of the Stocking-weaver . . . . .	459
Diversion 5 . . . . .	459
Note . . . . .	459
Diversion 6 . . . . .	460
Note . . . . .	460
Diversion 7 . . . . .	460
The Mode of knitting Gentlemen's Waistcoats . . . . .	460
The Waistcoat all in One Piece . . . . .	461
The Waistcoat in Three Pieces . . . . .	463
Diversion 8 . . . . .	464
Note . . . . .	464



## Contents.

Diversion 9 . . . . .	464
Note . . . . .	464
Diversion 10 . . . . .	464
The Mode of knitting Pantaloons . . . . .	464
Diversion 11 . . . . .	464
Note . . . . .	464
Diversion 12 . . . . .	465
Note . . . . .	465
Diversion 13 . . . . .	465
Gold-thread Purses and Bags . . . . .	465
Diversion 14 . . . . .	465
To dye Thick Silks, Satins, Silk Stockings, &c. of a Flesh-colour . . . . .	465
For dyeing Silk Stockings Black . . . . .	466
 Chapter XVIII. The Art of making and mending	
Elastic Bracelets and Garters . . . . .	467
Bracelets . . . . .	467
Garters . . . . .	467
Repairs . . . . .	468
 Chapter XIX. The Art of sewing Gloves . . . . .	470
Diversion 1 . . . . .	474
To wash and tint Gloves . . . . .	474
To cleanse Gloves without wetting . . . . .	474
To dye Gloves . . . . .	474
To dye Gloves to resemble York Tan, Limerick Dye, &c. . . . .	475
Diversion 2 . . . . .	475
The Straight Over-cast Stitch or <i>Cordonnet</i> . . . . .	475
The Slanting Over-cast Stitch or <i>Cordonnet</i> . . . . .	475
 Chapter XX. The Art of the Haberdasher and Lace-woman, or the Art of preparing Belts, <i>Fichus</i> , Caps, &c. . . . .	476
A Round Braid for Gowns . . . . .	476
Covered Cords . . . . .	477
A Cord for Watches, &c., made with the Fingers . . . . .	477
Plaited Ribands . . . . .	478
A Round Lace, made with Bobbins . . . . .	478

## Contents.

The Mode of tagging Laces . . . . .	478
The Mode of preparing Woollen Garters with Slip-knots . . . . .	479
The Mode of pinking Ruches and Flounces of <i>Gros de Naples</i> , <i>Crêpe Lissé</i> , or <i>Crêpe Gaufré</i> . . . . .	480
The Mode of Preparing Veils . . . . .	480
Veils with String-cases . . . . .	481
Veils with Tassels . . . . .	481
The Mode of making Riband Bows . . . . .	481
Small and Middle-sized Bows . . . . .	481
Large Bows . . . . .	482
Half-bows . . . . .	483
The Mode of making Belts . . . . .	484
Belts Fastened at the Back . . . . .	484
Belts à <i>Chou</i> . . . . .	485
Belts with Sewed Loops, without a Knot or Ends . . . . .	486
Lined Belts . . . . .	486
Belts with Metal Buckles . . . . .	487
Belts with Shoulder-straps . . . . .	487
Belts bordered with Corded Piping . . . . .	489
Elastic Belts . . . . .	489
Riband <i>Fichus</i> . . . . .	489
The <i>Fichu</i> or Belt à <i>la Duchesse</i> . . . . .	491
The Mode of making Fancy <i>Fichus</i> . . . . .	491
Of cutting out and making up <i>Fichus</i> . . . . .	492
Standing Collars for <i>Fichus</i> . . . . .	494
Trimnings for Standing Collars . . . . .	496
Falling Collars for <i>Fichus</i> . . . . .	498
Double and Single Three-cornered <i>Fichus</i> . . . . .	502
<i>Fichu-canezous</i> . . . . .	502
<i>Somnambules</i> and Shawls of Blond or Tulle . . . . .	503
The Mode of making Cornettes and Fancy Caps . . . . .	503
Three-piece Caps . . . . .	503
Cornettes à <i>Casque</i> . . . . .	504
Caps à <i>la Folle</i> . . . . .	504
Additional Remarks . . . . .	505
Trimnings de <i>Lingère</i> . . . . .	505
Diversion 1 . . . . .	507
Note . . . . .	507
Diversion 2 . . . . .	508
Belts worn with Evening Dress . . . . .	508



## Contents.

August 1824 . . . . .	508
June 1829 . . . . .	509
Diversion 3 . . . . .	509
Ladies' Collars . . . . .	509
Gentlemen's Collars . . . . .	509
Diversion 4 . . . . .	512
Note . . . . .	512
Diversion 5 . . . . .	512
Ladies' Caps. . . . .	512
Morning Cap . . . . .	512
Dress Cap . . . . .	515
Dress or Mourning Cap . . . . .	515
Turban Cap . . . . .	515
Widow's Cap . . . . .	519
Night-cap . . . . .	519
 Chapter XXI. The Art of the Milliner, or the Mode of making Hats, Toques, &c. . . . .	 522
Kinds of Head-dresses . . . . .	522
The Body of the Hat . . . . .	523
To cut out and prepare the Body. . . . .	524
To cover the Brim . . . . .	525
To cover the Crown . . . . .	528
The <i>Coiffe</i> , or Crown Lining . . . . .	530
To assemble the Hat . . . . .	531
Toques . . . . .	532
Turbans . . . . .	533
Berets . . . . .	534
Caps . . . . .	534
The Mode of making Hats of All Kinds of Straw, cutting them, trimming them, &c. . . . .	 535
Chip Hats . . . . .	535
Leghorn Straw Hats . . . . .	536
Hats of Sewed Straw and of Monaco Straw . . . . .	538
Hats of Esparto . . . . .	538
Hats of Gauze Woven with Straw . . . . .	538
Hats of Decorated Marli . . . . .	539
The Mode of making Hats of Cotton Tissue, Silk Tissue, and Straw Braids . . . . .	 539
Ornaments for Hats . . . . .	541



## Contents.

Bows of Riband . . . . .	541
Bows of Material . . . . .	541
Gathered Bows . . . . .	542
<i>Recoquillé</i> Bows . . . . .	543
Cockades . . . . .	543
Fringed Bows . . . . .	543
Trimmed Bows . . . . .	544
Bows with Pompons . . . . .	544
Bows with Thick Braids and Flattened Pompons . . . . .	544
Bows Decorated with Flowers . . . . .	545
Bows Decorated with Feathers . . . . .	545
Bows with Metal Clasps . . . . .	545
Biases . . . . .	545
Ruches . . . . .	546
<i>Torsades</i> . . . . .	546
Vandykes . . . . .	546
<i>Agrafes</i> of Material, Gauze, or Riband . . . . .	546
Tulle or Satin Panes . . . . .	547
Turbans . . . . .	547
Blond Half-veil . . . . .	547
<i>Fichus</i> on Hats . . . . .	548
Marabouts . . . . .	548
<i>Esprits</i> . . . . .	549
Weeping Willow Plumes . . . . .	549
Plumes Decorated with Gold or Steel . . . . .	549
Bird-of-paradise . . . . .	549
Bouquets of Feathers . . . . .	549
Mixed Flowers . . . . .	550
Flowers and Fruits . . . . .	550
Flowers and Feathers . . . . .	550
Flowers and Tinsel . . . . .	550
Veiled Flowers . . . . .	551
Velvet Flowers, for Winter . . . . .	551
Chenille Flowers . . . . .	551
Straw Flowers . . . . .	551
Herbs . . . . .	551
Sticks . . . . .	551
Pearls . . . . .	551
Steel Ornaments, such as Bees, Crescents, &c. . . . .	551
Chains and Gilded Circlets . . . . .	552



## Contents.

Buttons . . . . .	552
Circular Garlands . . . . .	552
Garlands of Foliage . . . . .	552
Garlands of Bows . . . . .	552
Garlands of Loops . . . . .	552
Garlands <i>en Casque</i> . . . . .	552
Ornaments under the Hat-brim . . . . .	553
Riband Strings . . . . .	553
Strings with Corded Piping . . . . .	553
Gauze or Blond Strings . . . . .	553
Strings Trimmed with Box-plaits . . . . .	553
Double and Triple Strings . . . . .	554
Diversion 1 . . . . .	554
To wash Straw Hats . . . . .	554
Black Varnish, for Old Straw or Chip Hats . . . . .	554
For dyeing Straw and Chip Bonnets . . . . .	554
For dyeing Straw Bonnets Brown . . . . .	555
For dyeing Straw Bonnets Black . . . . .	555
Diversion 2 . . . . .	555
Divers Head-dresses . . . . .	555
April 1827 . . . . .	556
Diversion 3 . . . . .	558
Kinds of Turbans . . . . .	558
To make a Turban with a Scarf . . . . .	558
Another Turban made with a Scarf . . . . .	560
To make a Turban with a Shawl . . . . .	560
Diversion 4 . . . . .	561
Dressing for Hats of <i>Écru</i> Silk	
imitating Leghorn Straw . . . . .	561
Dressing for Hats formed of Braids	
of Cotton or Silk Thread . . . . .	561
Diversion 5 . . . . .	562
To cleanse Brown, Fawn-colour, and White Feathers . . . . .	562
To cleanse Black Feathers . . . . .	562
For dyeing and cleansing Feathers . . . . .	562
The Finest Blue on Feathers . . . . .	563
Another Receipt . . . . .	564
Brown Feathers . . . . .	564
Chocolate and Full Rich Brown Feathers . . . . .	564
For Orange, Madder, &c. Feathers . . . . .	564



# Contents.

Part III. Etiquette .....	565
Chapter XXII. Of Propriety, and its Advantages .....	566
Diversions 1 .....	568
Differences between French and American Etiquette . . . .	568
Chapter XXIII. Propriety as regards yourself .....	569
The Toilet .....	569
Reputation .....	573
Diversions 1 .....	576
Chaperons .....	576
Diversions 2 .....	577
Conduct of a Widow .....	577
Diversions 3 .....	577
Note .....	577
Diversions 4 .....	577
Gossips and Scandal-mongers .....	577
Diversions 5 .....	579
Means of avoiding Moral Contagion .....	579
Diversions 6 .....	580
Means of avoiding Censure .....	580
Chapter XXIV. Propriety in Domestic Duties .....	582
Propriety in Conjugal and Domestic Relations .....	583
Diversions 1 .....	586
Evenings at Home without Company .....	586
Chapter XXV. Propriety in the Street and in Travelling ..	589
Department in the Street .....	589
Travelling .....	593
Chapter XXVI. Propriety in Religious Duties .....	596
Respectful Department in Churches .....	596
Religious Propriety in Social Intercourse .....	598
Diversions 1 .....	599
Differences between Catholic and Protestant Churches .....	599
Chapter XXVII. Politeness in a Business or Profession . . .	600
Politeness of Shop-keepers and Purchasers .....	600
Politeness between Persons in Office and the Public .....	603



# Contents.

Politeness of Lawyers and their Clients . . . . .	603
Politeness of Physicians and their Patients . . . . .	604
Politeness of Artists and Authors, and the Deference due to them . . . . .	604
Politeness of Military Men . . . . .	607
Propriety of Clergymen and Nuns, and the Deference due to them . . . . .	608
Diversion 1 . . . . .	608
Titles given to Members of Religious Orders . . . . .	608
<b>Chapter XXVIII. Of Visits . . . . .</b>	<b>609</b>
Different Kinds of Visits . . . . .	609
The Manner of receiving Visitors . . . . .	616
Diversion 1 . . . . .	619
New Acquaintance . . . . .	619
Diversion 2 . . . . .	619
Morning Visits . . . . .	619
Diversion 3 . . . . .	621
Note . . . . .	621
Diversion 4 . . . . .	621
Visiting amongst Servants . . . . .	621
Diversion 5 . . . . .	622
Arrangement of the Drawing-room . . . . .	622
<b>Chapter XXIX. Promenades, Parties, and Amusements . . . . .</b>	<b>624</b>
Promenades . . . . .	624
Dinner-parties . . . . .	626
Other Parties and Amusements . . . . .	629
Card-parties . . . . .	630
Parlour Games with Forfeits . . . . .	632
Balls, Concerts, and Public Performances . . . . .	632
Balls . . . . .	632
Concerts . . . . .	635
The Theatre, Opera, Ballet, &c. . . . .	635
The Duties of Hospitality . . . . .	637
Diversion 1 . . . . .	639
Dinner-parties . . . . .	639
Diversion 2 . . . . .	644
Note . . . . .	644



## Contents.

Diversion 3 . . . . .	644
Note . . . . .	644
Diversion 4 . . . . .	645
Card-parties and Conversaziones . . . . .	645
Diversion 5 . . . . .	646
Forfeits . . . . .	646
To kiss the Four Corners of the Room . . . . .	646
To kiss the Candlestick . . . . .	646
To kiss the Bottom of the Candlestick . . . . .	646
To kiss your Shadow . . . . .	646
To kiss the Earth . . . . .	646
To kiss the Image of God . . . . .	646
To kiss the Person you prefer, without appearing to . . . . .	647
The Deceitful Kiss . . . . .	647
To kiss the Back of the Door . . . . .	647
To kiss the Top of the House . . . . .	647
To kiss the Hare . . . . .	647
Diversion 6 . . . . .	647
Balls . . . . .	647
Diversion 7 . . . . .	651
Amusements for Servants . . . . .	651
Diversion 8 . . . . .	652
Evenings at Home with Company . . . . .	652
Diversion 9 . . . . .	653
Gifts to Servants from Visitors . . . . .	653
Chapter XXX. Propriety in the Happiest and Unhappiest Circumstances of Life . . . . .	654
Weddings . . . . .	654
Christenings . . . . .	657
Duties to the Sick, Infirm, and Unfortunate . . . . .	658
Funerals and Mourning . . . . .	659
Diversion 1 . . . . .	661
Love and Courtship . . . . .	661
Advice previous to Matrimony . . . . .	663
Considerations before Marriage . . . . .	665
Chapter XXXI. The Art of Conversation . . . . .	666
Physical Concerns . . . . .	666
Divers Faults . . . . .	666
Gestures . . . . .	667



## Contents.

Pronunciation . . . . .	668
Volubility . . . . .	668
Hesitancy . . . . .	668
Bad Habits . . . . .	668
Accents and Tones . . . . .	669
Correct Grammar and Language . . . . .	669
Customary Formalities in Conversation . . . . .	671
Inquiries concerning the Health . . . . .	671
Forms of Address . . . . .	671
Greetings, Apologies, &c. . . . .	672
Dialogues . . . . .	673
Suppositions and Comparisons . . . . .	673
Frequently Recurring Expressions . . . . .	674
Quotations and Proverbs . . . . .	674
Pleasantries . . . . .	675
Eulogiums and Complaints . . . . .	676
Tactlessness and Prejudices . . . . .	678
Questions . . . . .	678
Discussions and Disputes . . . . .	678
Narrations . . . . .	679
Literary Critiques . . . . .	680
Digressions . . . . .	681
The Art of Listening . . . . .	681
Repetition . . . . .	682
Interruptions . . . . .	682
Falsehoods . . . . .	683
Additional Remarks . . . . .	684
Diversion 1 . . . . .	684
Swearing . . . . .	684
Diversion 2 . . . . .	684
Note . . . . .	684
Diversion 3 . . . . .	685
Of Addressing Relations in French . . . . .	685
Diversion 4 . . . . .	685
The Use of the Third Person in French . . . . .	685
Diversion 5 . . . . .	686
Raillery . . . . .	686
Diversion 6 . . . . .	686
Arguments . . . . .	686



# Contents.

Diversión 7 . . . . .	687
Note . . . . .	687
Diversión 8 . . . . .	687
Listening . . . . .	687
Diversión 9 . . . . .	687
Exagération . . . . .	687
Chapter XXXII. Epistolary Composition . . . . .	688
General Observations . . . . .	688
The Appearance of Letters . . . . .	689
The Style of Letters . . . . .	691
The Forms for Formal and Informal Letters . . . . .	692
Billets . . . . .	694
Diversión 1 . . . . .	695
Time devoted to Correspondence . . . . .	695
Diversión 2 . . . . .	696
Expense of Correspondence . . . . .	696
Diversión 3 . . . . .	696
Discretion in Correspondence . . . . .	696
Chapter XXXIII. Additional Rules for the Social Relations . . . . .	698
Advice . . . . .	698
Discretion . . . . .	698
Favours . . . . .	700
Loans . . . . .	701
Presents . . . . .	702
Diversión 1 . . . . .	704
The Manners of the French . . . . .	704
Glossary . . . . .	706
Bibliography . . . . .	728
References . . . . .	728
Further reading . . . . .	732
Index . . . . .	735